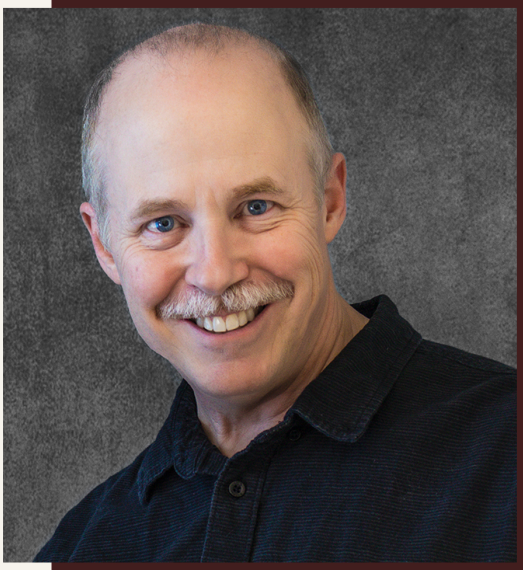
26 PERFECT BOUDOIR OUTFITS & IDEAS



THOMAS CROWL

BOUDOIR PHOTOGRAPHY



THOMAS CROWL

Hello!

You've just downloaded a guide that will help to start you on the journey to an amazing experience. I'll be talking you through a variety of different boudoir outfits and ideas.

The beautiful thing about boudoir is that there is no proper outfit!

This experience centers around you! It celebrates your look, your curves, your personality and your sexuality.

This guide is designed to give you some inspiration and help you select outfits that will work for you.

I've also included some of the hottest shopping spots for lingerie at the end. So definitely check those out!

Thomas

THE BUTTON UP SHIRT 01





One of my favorites and so versatile! Throw on your partner's favorite shirt. Button it all the way up to be tame. Have a few buttons open for a tease, or let it open and just barely covering you for a bold look!





THE COCKTAIL DRESS 02

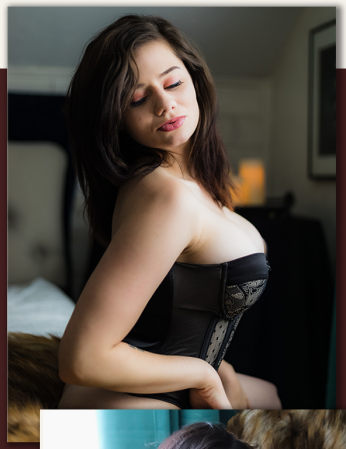
The cocktail dress is perfect for a boudoir shoot. It tells the story of the first part of a date.

When the album page turns you may be showing some leg, unzipping it or sliding it off to suggest what can be expected in the rest of your album.

03 THE CROP TOP

A crop top can be suggestive and do wonders for your shape. Play around with ones that are loose, tight, open back and different lengths. If you or your guy like a casual look, the crop top is a real winner!





CORSET 04

Sure they are hard to breathe in, but they look amazing in photos! Corsets are flattering on every body type. Plus they give off a subtle role play vibe that can really add to the mood of your shoot.





05 ROBES

From a sheer robe that strategically covers to a warm fluffy robe, these create incredible boudoir photos. Keep them guessing if you are naked under the robe. Slightly open it to give them a peek at your curves, or use it to frame you in your lingerie or all of your glory. Your partner will love the robe!



06 ONE PIECE TEDDY

Very underrated lingerie! Exceptionally flattering, hundreds of different designs and fits. Alluring, yet versatile in how it covers you. The one piece teddy is always a great choice.





07 THE T-SHIRT

This is a great casual option to start the shoot. From form fitting to oversized, there are a million ways to pose wearing a t-shirt. Plus a shot of you peeling it off makes a great transition to the next outfit!







08 PATTERNS

For something different, consider throwing a pattern into the mix. I advise you to bring a few options if you do. Not all patterns photograph well. Options will allow us to select one that looks amazing!



09 JEANS & SHORTS

Jeans & shorts give you that girl next door vibe. They can be made sexy or suggestive by leaving them unzipped. They also look great from behind. Especially with no shirt and you peeking over your shoulder.











10 LINGERIE

You will definitely want to have some sexy lingerie that matches, fits comfortably and looks amazing on you. A nice contrast with your skin tone is always nice. If you have more than one set, bring them along. We can select the color that will compliment your shoot.









11 HIGH HEELS

A boudoir classic!
High heels make your legs look longer, they tone your calves and improve posture. They also add a layer of sex appeal to any outfit. Even a casual boudoir shoot can be dressed up with a pair of high heels. So bring a pair or two!





BOOTS 12

Boots can be sexy too! A relative of your heels, they can be playful & fun or mean serious business. They can be worn with a dress, jeams or lingerie. Some women even wear them with nothing else!





13 BRIDAL

Bridal boudoir is an excellent gift for the groom. But many photographers focus the shoot on wearing a veil. Take a look at all the beautiful white lingerie and one pieces available. Something white and lacey says bridal without having a veil in every photo.



14 GARTER

A perfect accessory for any boudoir shoot is the garter! For bridal boudoir it is a reminder of the groom playfully removing it with his teeth. The garter is also a sexy recall for an anniversary or birthday boudoir present. Doing this for yourself? Garters make you feel damn sexy!

15 STOCKINGS

Consider adding some stockings to dress up your outfit. They come plain, but you may also want to consider a pattern or design on them. Make sure to get the proper size so they don't squeeze your thighs. That makes them harder to keep up! Want to go the extra mile? Add a garter belt too!



HIGH WAIST BOTTOMS 16

Popular during the 1970's, high waist bottoms are making a come back. They slim the stomach, accent your curves and look amazing in photographs.

17 THE HALTER BRA

Looking for something a bit more modest? A halter bra may be the answer. Find one with a beautiful lace pattern that extends all the way up to your neckline. It creates a very elegant image.

THE TEAM JERSEY 18

Why not tie in your partner's favorite sports team? A jersey has a similar appeal as the button up shirt, but I recommend you get a fitted one. It will help to show off your curves.



19 OFF THE SHOULDER

Shoulders and necklines are super sexy. An off the shoulders sweater or top highlights this area. Get a loose top and it gives you fabric to play with, giving your hands something to do. Off the shoulders is a great choice for your shoot!











20 THEME OUTFITS

The line between playful & trashy is thin. A French maid uniform or fetish outfit is less common in boudoir for that reason. My studio is a judgement free zone though, so if you want to go in that direction, let's talk first. I have shot that type of content and will work with you to create tasteful, amazing images.







Popular theme shoot concepts include: horror, fetish, steampunk, fantasy, fiction, cosplay, levitation, mythological, movies, renaissance and yours!

BODY JEWELRY 21

Too many accessories can distract from the main focus of the photo - you! However a bit of jewelry can help bring your look together. If you have necklaces, bracelets, rings or body jewelry you think would add to your photos, please bring them along. Our studio also has some pieces in case you want to try something different.







22 SHEERS & SEE THROUGHS

Mostly visible but not accessible. Nothing is quite as teasing as a sheer blouse or see through outfit. Peek a boo!



Be the cover of your own Sports Illustrated Swimsuit Issue! A time honored tradition that allows you to join the ranks of top models & movie stars who have posed in swimsuits!

THE SWIMSUIT 23







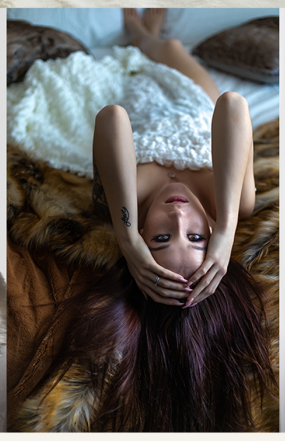
PILLOWS 24

You won't have to bring them, we have plenty at the studio. Pillows make a fun and sensual prop for photos. From having your hair draped over it, to hiding behind it or even having an imaginary pillow fight. Give some thought to using pillows during your shoot!











THE SHEET 25

The ultimate in "leave a little to your imagination." A favorite of many clients because you can appear completely naked, while revealing less than a lingerie photo. It can be used to drape across the body, hug against yourself or, as many prefer, standing behind it in silhouette for a wonderful way to end your album.

26 HAIR AND ACCESSORIES

Putting your hair in a ponytail exposes a beautiful neck and jawline. It also gives you a different look for a few poses. Consider adding glasses to these if you wear them. Glasses are a fun accessory. Think sexy librarian, teacher or professor. Nerds are beautiful and desireable too, so have some fun!





BONUS IDEAS

The studio has a couple of "extras" that you might want to think about. A pair of angel wings can give your shoot that Victoria's Secret vibe. We also have a giant teddy bear for that cute and cuddly feel.

SHOPPING SUGGESTIONS

- HTTPS://US.HONEYBIRDETTE.COM

  Not cheap, but OMG do they have some beautiful lingerie, dresses and robes. (Among other things!)

- HTTPS://WWW.EBERJEY.COM

  Beautifully classy. They have a little bit of everything.

- HTTPS://WWW.YANDY.COM

  Everything you might want and some things you might not. Not always the best quality, but the price is right & it photographs well.

- HTTPS://SHOP.NORDSTROM.COM

  I can't speak from first hand experience, but I'm told if you have never had a bra fitting, the Nordstrom staff is very knowledgeable. If you are near a Nordstrom's it may be worth stopping in. Of course, you can also order online.

- HTTPS://FORLOVEANDLEMONS.COM

  Very elegant and lots of unique pieces you will love.

- HTTPS://AGENTPROVOCATEUR.COM

  High end sexy lingerie. Definitely worth taking a look!

- HTTPS://WWW.AMAZON.COM

  I am addicted to Amazon. They have EVERYTHING!

I HOPE YOU FOUND THIS GUIDE HELPFUL



ABOUT YOUR BOUDOIR EXPERIENCE

No matter if you're thinking of a boudoir shoot to create a present, to celebrate a milestone, or simply because you deserve it, I hope I may be of service.

Please visit:
ThomasBoudoir.com
to watch our videos, get the answers to our most frequently asked questions and learn about the boudoir experience.

If you have any questions or would like to discuss scheduling an appointment, don't hesitate to reach out.

Sincerely,

Thomas

THOMAS CROWL
BOUDOIR PHOTOGRAPHY